



# Master Class Schedule

*Revised: 2.6.17*

<b>Class</b>	<b>MON</b>	<b>TUES</b>	<b>WED</b>	<b>THUR</b>	<b>SAT</b>
Karate Kids – Ages 5-8 Young Warriors– Ages 8-12 Ranks of White Belt to 2 <sup>nd</sup> Degree Purple	5:30-6:15p	5:30-6:15p	5:30-6:15p	5:30-6:15p	
Advanced Karate Kids Ranks of 1 <sup>st</sup> Degree Green & up	6:15-7p	4:45-5:30p	6:15-7p	4:45-5:30p	
Adults – Ages 13 & up	6:15-7p	6:15-7p	6:15-7p	6:15-7p	
Teens – Ages 12-18 All Ranks	6:15-7p		6:15-7p		
Judo – Ages 8 & up					9-10a
Sport Kumite Class Ages 8 & up Ranks of Gold & up (must own sparring equipment – hands, shin/insteps, mouthpiece (for males-cup & supporter)					10:30a-12p

**Schedule always available on our website:  
[www.vanattasmartialarts.com](http://www.vanattasmartialarts.com)**